

SUBSCRIPTION \$2.00 PER YEAR

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Campaign Of Rumors

SINCE THE BEGINNING of the war, the Axis nations have tried by means of carefully planned rumors to sow seeds of dissension among the democratic people. It is not clear that the right and mistaking policy by Nazi propaganda has much to do with the fall of France, and the same methods are being applied to England, Canada and the United States. So cleverly are these rumors invented and spread, that even a public as well-informed as we are in Canada, at times allows them to circulate extensively. It is now the opinion of those in informed circles that the Axis nations will intensify this part of their campaign in the next few months, and we are advised to be more watchful than ever for false rumors concerning the war.

Nazis Spread False Rumors

In his "Mein Kampf," Hitler advanced the theory that the bigger the lie, the more likely it was to be believed, all or in part. Working on this principle, the Nazi propaganda machine has labored steadily to undermine the confidence of Germany's enemies. In the United States, the people have been told that Canada's war effort is negligible, that there is no rationing here, and many other falsehoods aimed at causing dissension between the two countries. In both Canada and the United States, there has been an attempt to minimize England's part in the war, and to adversely criticize her leaders. All these stories we know to be false, yet if even a few of our people believe them the resulting unrest and doubt may do great harm. To believe any of these rumors is to help Hitler, and every Canadian should remember this at all times.

Campaign Of Lies Expected

Speaking of these things during a recent visit to Canada, Robert P. Patterson, United States Secretary of War, said: "Hitler's agents will spread stories in the United States and in Canada that will reflect on Britain. We will hear more of the old yarn that the British are trying to get other to do the fighting. This story is contradicted by the casualty lists but Nazi agents will concoct figures of their own." In some Canadian communities citizens have formed committees to trace vicious rumors to their source, and publicly correct them. Many newspapers have established "rumor columns" for the same purpose. However, we may choose to do it, it is the clear duty of every loyal Canadian to resolve that now, and in the coming months, we will do all in our power to quell this Axis effort to spread mistrust and confusion among us.

Fruits And Vegetables With A Zip!



Daily as fruits and vegetables ascend in price we must take stock of our diets in every family. The baby needs her orange juice and the older children as well as Mother and Dad. Vitamin C is absolutely necessary to the body for the maintenance of strong bones and healthy teeth. It is a definite preventive of infection. Many people who complain of pain in the joints lack Vitamin C. The sources of this valuable unit are not numerous. First on the list are the citrus fruits—lemons, limes, grapefruit, and oranges. Next come canned tomatoes and raw cabbage. Much lower down the scale we find potatoes, (baked or boiled in their skins), then peaches, apples and pears. To insure the good health of the family this winter include one serving of cold canned tomatoes in the diet every day. If oranges or grapefruit are beyond your means. Serve also baked or boiled potatoes in their jackets and do not neglect that family friend, raw cabbage. Serve a salad of chopped raw cabbage and carrots at least twice a week and more often if possible. We could, of course, go back to the Indian days and make a brew of pine needles to prevent scurvy, but today with our knowledge of what constitutes a well-rounded diet, there is no necessity for this or any other disease resulting from a low fruit or vegetable diet.

Certainly eat all the apples and other native fruits you can stow away because they're good for you; but remember, they will not give you the vitamin C that cold canned tomatoes contain—1½ cups of tomatoes equals three large apples or six large pears.

Be modern, eat fruits and vegetables for Health and get that extra Zip out of life!

A post card request to Western Division of the Health League of Canada, 111 Avenue Road, Toronto, will bring you a free copy of this attractive Vitamin Chart.

Polish Refugee Children

Several Thousands To Be Cared For By Indian Princes

General Wladyslaw Sikorski, Premier of the Polish Government in London, and the Maharajah of Nawanagar completed arrangements to care for several thousands of the 12,000 Polish refugee children who arrived recently in Persia from Russia. The Maharajahs of Nawanagar and Patiala have agreed to care for up to 5,000 children each on their great estates in India. The children are orphans whose parents died after being deported to distant parts of Russia during the Russian invasion of Poland.

Small Town And War

People Should Trade At Home And Defend Home Front

As time goes the demands of war are going to continue to draw more heavily upon the small communities such as this. The service is going to continue to call our young man power as will the defense plants. As the war machine gets under way more and more lines of merchandise are going to dwindle to fewer items, leaving only the necessities. The struggle to maintain its institutions is going to become increasingly difficult for the small communities such as ours.

In view of this fact it becomes not only important but a necessity that we conserve every resource we may have. The burden may not be too heavy to bear. One way to aid in this is for each of us to resolve to spend his money at home with home merchants. Regardless of what has been our practice in the past, the time has come to make adjustments—everybody being called upon to make adjustments. Let one of these adjustments be that we will trade at home more and thus defend our home front.

Exchange.

BACK AT OLD JOB

Mrs. Molly Brash, Mrs. Mary Ripon, Mrs. Polly Brind and Mrs. Frances Parry are back at the old stand again in England. In 1915 the couple worked as cleaners at a railway shed in the northeast. When peace came they had farewell to their engines, petrol, married and set up home. It didn't take them long after this war started to get together again, make over and over and arm themselves with city waste.

In the sub-tropical latitude of the Bahamas the palms and pine trees grow literally side by side.

Buy War Savings Certificates regular.

CHEW BIG BLEN

The BIG TIME CHEW

The PERFECT Chewing Tobacco

Not What He Expected

Famous Artist Discovered What Great Attraction In Picture

Harrison Fisher, the illustrator, strolled about an art gallery when in certain of his illustrations were being exhibited, listening to the comments of art-lovers. Presently he came upon two ladies standing before one of his pictures, and was delighted to hear one of them exclaim with great fervor, "Ah, if I only knew the artist of this!" Doffing his hat, Fisher stepped forward and said, "Pardon me, madam, but I am the artist." "Oh, splendid!" cried the woman. I have just been admiring that perfectly darning frock your model wore. Do tell me the name of the dressmaker who made it."

GEMS OF THOUGHT

SPRIT OF GRATITUDE

Episcopus says, "Thankfulness is a virtue that has commonly proved unobtainable to us." And where the virtue that has not?—Seneca.

From David learn to give thanks for everything—Every furrow in the Book of Palms is sown with seeds of thanksgiving.—Jeremy Taylor.

Our thanks should be as fervent for mercies received as our petitions for mercies sought.—Charles Simmons.

While no offering can liquidate one's debt of gratitude to God, the fervent heart and willing hand are not unknown to nor unrewarded by Him.—Mary Baker Eddy.

If gratitude is due from man to man, how much more from man to his Maker!—Joseph Addison.

Pride says, thanksgiving, but a humble mind is the soil out of which thanks naturally grows.—H. W. Beecher.

Send Your Dollars To War.

MAKE SURE YOUR Flashlight CONTAINS BURGESS FLASHLIGHT BATTERIES

Look for the BLACK AND WHITE STRIPES ON THE BATTERY

AIR TRAINING PLAN

LIST OF GRADUATES

The following students graduated under the British Commonwealth Air Training Plan From:

No. 7 Air Observer School, Portage la Prairie, Man., (Air Navigators):

LAC E. E. Barrett, Indian, Sask.

LAC H. E. Brown, Chertsey, Alta.

LAC J. A. de Rosier, Moose Jaw, Sask.

LAC A. R. A. Panjapur, Winnipeg, Man.

LAC H. V. K. Kivinen, Winnipeg, Man.

LAC P. W. Morrison, Delta, Alta.

No. 5 Air Observer School, Winnipeg, Man., (Air Bombers):

Set. G. W. Bedford, Mankin, Man.

No. 11 Service Flying Training School, Yorkton, Sask., (Pilots):

LAC F. A. Dolin, Winnipeg, Man.

LAC J. H. Dolan, Yorkton, Sask.

LAC J. H. Dolan, Yorkton, Sask.

LAC K. L. Edmond, Winnipeg, Man.

LAC D. C. Fraser, Winnipeg, Man.

LAC E. H. A. Halsey, Yorkton, Sask.

LAC D. L. Hutchison, Yorkton, Sask.

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Farm Machinery

Special Attention Should Be Paid To Lubrication

With farm machines now rationed and repair parts more difficult to get farmers would be well advised to pay more attention to the lubrication of farm machines and equipment, say the Agricultural Engineers of the Dominion Department of Agriculture. The expense and time invested in good lubrication pay big dividends.

In addition to maintaining a lubricating film between the bearing surfaces the oil or grease that is on farm machines performs several other functions. The bearings are cleaned. Rusting and pitting of the bearings are prevented when the machine is idle. Exposed metal surfaces during storage periods are protected.

The oil and grease used for lubricating should be kept clean so keep the containers covered to exclude dust and dirt.

Three or four different oils or greases meet the lubrication requirements of nearly all farm implements. Usually not more than two lubricants are needed for any one implement. Machines operating the year around may require lighter oil and grease for winter than for summer. Badly worn bearings may need a heavier oil that has been run out to quickly. Oil of the same viscosity or stickiness as is used in the tractor motor usually is suitable. Crank case oil may contain grit and if used on bearings may be harmful.

In 1930, there were only 23 miles of railroad in the western hemisphere.

The date of the Chinese New Year changes from year to year.

Buy War Savings Certificates

Double-Action Way BRONCHITIS To Help Relieve COUGHS • SORENESS • CONGESTION

Get right after painful bronchitis attacks... help relieve the coughing, congestion, and soothe this time-tested Vicksy way that is so successful!

Put a good spoonful of Vicksy VapoRub into a bowl of boiling water. Then breathe in the steamy vapors for just a few minutes. With each breath you take, the medication goes straight to inflamed bronchial tubes where it soothes irritation, quiets coughing and loosens thickening and congestion.

A bed-ridden Vicksy VapoRub throat, chest and back. Its powerful action works for hours to bring you added comfort while you sleep.

tantailizing satisfying

Flavour

...but so elusive

WHEN THAT DELICIOUS ROAST BEGINS TO COOL... THEN FLAVOUR AND MOISTURE STEALTHILY SLIP AWAY.

KEEP THAT FLAVOUR AND MOISTURE IN YOUR MEATS... BY WRAPPING THEM IN

Para-Sani

HEAVY WAXED PAPER IN THE GREEN BOX

Appleford PAPER PRODUCTS LIMITED

HAMILTON • TORONTO • MONTREAL

AN OFFICE TO EVERY INVENTOR

THE INVENTION AND PATENT OFFICE

Registered Patent Attorneys, 273 Bank Street, Ottawa, Canada.

THE WEEK IN EDMONTON

Joint caucus of provincial and federal (social) credit and New Democracy members meeting in Edmonton gave extensive consideration to a program of post-war rehabilitation, claiming that this was an urgent matter which needs immediate preparation and organization. Resolutions adopted call for a complete overhaul of the economic, monetary, educational and health systems, with guaranteed security for all service men and women and their families and absolute control of the monetary system by parliament. Spokesmen reported a feeling of quiet confidence and a spirit of progress at the caucus.

Premier Albert is continuing his series of broadcasts over CFBN every Thursday and CFBN Edmonton every Monday. "Silence is no longer golden," he declares, and adds that the people of Canada are tired of being scared into patriotism. He says that they want to know facts, and that the days of misleading them are over. It is understood that the broadcasts which deal with Reconstruction will be repeated in various parts of Canada.

More than \$14,000 was realized from the sale of furs and furbearings at Government House, conducted by the chief purchasing agent of the government George A. Clark and J. H. Reed, Edmonton auctioneer. Bidding was brisk on virtually every lot having a sentimental or souvenir value, and the officials expressed themselves as gratified with the results. United States workers were awaiting the close of the sale to move in beds and bedding for the dormitory quarters which are being established in Government House by North West Airlines.

Formation of the Alberta Credit Union League at Red Deer brought to fruition the efforts of trade and industry officials extending over four years. Attending as a credit unionist and as a senior administrator of department administering the credit union act, W. D. King told delegates that war had now emerged through the pains of birth, and wished the movement every success now it had become an organized, self-governing entity. About 80 delegates attended from 29 unions represented. There are at present 67 chartered credit unions in the province.

Special legislative committee

Investigating workings of the Alberta Workmen's Compensation Act will resume sessions here November 2nd and will continue for about two weeks. Hearings proper will be reopened Nov. 3rd, and the Bituminous Coal Operators' Association New Mill and elevator companies scheduled for briefs. On Nov. 9th Dr. Victor Wright, chairman of the Compensation Board, will present a brief in reply to submissions made earlier. Dr. J. L. Robinson, M.L.A., is chairman.

Appointment of four more farm labor supervisors to survey requirements and help labor transformation was announced by Hon. D. Bruce MacMillan. Appointments (below): At Vermilion, W. A. Moisey; at Olds H. M. Thompson; at Thorburn, L. H. Peacock; at Lethbridge, D. O. Hedlin. In a statement issued the minister expressed gratitude to eastern officials for sending out harvesters. Although not all had been satisfactory, the majority had helped considerably with the Alberta harvest operations, he said.

ST. ANDREW'S CHURCH
Sunday November 8th,
Evening 7:30 p.m.
Rev. E. J. Hoag, B.A., (Incumbent)

ITEMS OF NEWS OF GLEICHEN AND VICINITY

Mr. and Mrs. Don Bond of Calgary spent the weekend in town the guest of Mr. Ralph Ragan.

Dr. and Mrs. Savell of Oakland, Calif., were weekend visitors in Gleichen. Mrs. Savell is a sister of Mrs. Ed. Menard and Mr. A. Savue.

Mr. and Mrs. Nat Bowen formerly residents of Gleichen but now living in Peace River, arrived in Calgary last week to be with their daughter, Mrs. McLaughlin who was badly injured when her clothing was caught in moving machinery. Mrs. McLaughlin is improving slowly but will not be out of hospital before Xmas.

Miss Dorothy Brown, R.N., returned last week from a holiday spent in Ontario visiting relatives. On the return journey she had the pleasure of meeting Walter Pigeon the famed movie actor. Upon parting Mr. Pigeon presented Miss Brown with his autograph.

The U.F.W.A. annual dance held in Meadowbrook Hall Friday night proved to be a great success. Len Davis Orchestra being up-to-date and full of pep kept the dancers enjoying themselves. The quilt was won by Mr.

Orland Nieland. The U.F.W.A. ladies wish to thank the public for giving them such hearty support. Supper was served to 220 people.

Commodore Allen, the Queenstown auctioneer, was in town for a short time Saturday afternoon. He said the auction sale business was not the dream. No doubt, due to every one having sold overruns that did not want to the junk dealer for war surplus and anything that might be of use at a later date they did not want to part with it. He concluded by stating he was holding a sale for Mrs. Sanders, at her farm, 3 miles east and six miles north of Calgary on Tuesday, November 10th.

Housewives panned off with very little if any damage being done. Outside of upsetting one or two buildings, soaping windows, removing gates etc., was about all the damage done. The very young folk had a fine time in their many different disciplines collecting nuts, candy, apples, etc. Their bags were just as full as ever but their hearts did not seem to be as liberal as in other years. Some of the grand parents became embued with the idea of dressing up for the occasion and they evidently had as much fun as the wee folk. At one house where a number of little people knocked at the door they were astounded to see a fat nigger on the door. One look and they fled into the night.

Reg. S.M. Gerald Phillips, Major W. E. Taylor, 109 Bat. R.C.A. W. M. Spideman, Postal Corps. J. E. Clark, Postal Corps. F. J. Simard, Postal Corps. B. Simpson. R. Riddell, R.C.A.F. H. Daverton. F. Jones, 30 Bn. C. W. Bogie, R.C.A. K. Kilcup. Major R. Dodgson M.M. Major W. E. Taylor, 109 Bat. R.C.A. W. M. Spideman, Postal Corps. C. O. Phillips, R.C.A. W. Hill, R.C.H.A. H. Bogie, R.C.H.A. W. E. Bogie, R.C.A. H. Mazur (Died). H. Sheets, R.C.A.S.G. J. Sheehy, R.C.A.S.G. W. Thorburn, R.C. Navy. Art Bremner, Inst. Staff. K. Moss, R.E. F. Moss, R.C.E. M. Moss, R.C.S.S. W. Service, Home Guard. F. Jones, 30 Bn. C. G. Enlisted in R.C.D. 3rd Battery, E. E. Lester. J. G. G. G. G. E. T. Woods. M. W. Murray. W. E. Murray. N. H. Prestwich. R. Taylor. B. Barnard. S. Brown. O. Engstrom. V. V. Newell. L. Davenport. J. G. Neil. M. Barabach. J. Roscoe, R.C.A.F. K. Schmidt, E. C.A.F. H. M. Harris, R.C.A.F. F. E. Harris, R.C.A.F. C. P. Evans, R.C.A.F. C. McLeod, R.C.A.F. Corp. W. McCallum, R.C.A.F. J. G. G. G. G. A. Clifford, R.C.A.F. F. Michael, R.C.A.F. A. Riddell, R.C.A.F. D. Woods, R.C.A.F. I. Gilbert, R.C.A.F. B. Desjardine, R.C.A.F. J. W. Nicholas, R.C.A.F. E. Daw, R.C.A.F. F. Michael, R.C.A.F. J. Richards, R.C.A. T. Dankworth, R.C.A. D. Moore, R.C.A. D. Brown, R.C.A.M.G. J. Grant, Patrol Co. R.C.A.S. W. Schmidt, R.C.G.S. Geo. Souter, R.C.A.S.G. V. Anglin, R.C.A.S.G. A. Peacock, R.C.A.S.G. G. Bogie, R.C.A.S.G. F. Gregory, R.C.A.M.G. T. C. Boos, R.C.A. L. Woods, R.C.A. B. Willis, R.C.A. R. Birch, R.C.A. John Bell, Calgary Highlanders. S. Guthrie, Calgary Highlanders. Ed. Marybears (Blackfoot Reserve) Nursing Sister M. Wright, SAAMC. J. P. Lesocki, R.C.A. Len Christiansen, R.C.N. Leonard Christiansen, R.C.N. C. Busby, Signals. B. G. Sanders, R.C.E. H. Leith, R.C.A. A. Robinson, R.C.O.C. W. G. Currie, R.C.A.F. H. H. Branson, R.C.A. (A) V. Hansen, R.C.A. (A) J. D. Stickle, R.C.A.F. H. Lesocki, R.C.A.F. Hugh Hamer, R.C.A.F. W. C. Chase, R.C.A.F. J. G. Wells, R.C.A.F. G. M. Kaye, Calgary Highlanders. J. B. Craft, R.C.A.M.G. L. B. Wm. Holt. A. McMaster. D. Yellow Horse. G. K. Phillips. John Hamar. N. Peltier. A. Harrison. J. Mackie. J. McDonald. J. E. Clark. J. Rousche. F. Brown. E. E. Cochran. R. C. Hansen. J. Rialy.

(Continued from page 1)

A VISIT WITH THE CANADIAN ARMY OVERSEAS

travelled more than eleven thousand miles, made up of 1930 miles by bus, 1640 miles by train, 500 miles by automobile, 600 miles by ship, and about 400 miles on foot. This was the record kept by the writer and is probably the average of the party, but some travelled even more than that by taking special journeys. After this brief outline of the trip, more detailed accounts of the various activities will be given in articles to follow.

LIST OF MEN ENLISTED FROM THIS DISTRICT

S. E. Leslie, Engineers
E. Varnell, R.C.A.F.
G. E. Evans, R.C.A.F.
John Plant
Campbell Brown
K. P. Shoenar, R.C.A.F.
L. C. Menard, R.C.A.F.
O. H. McIntosh
T. Yellow Yip, V.G. of C.
J. A. A. Coriell, R.C.A.F.
J. C. A. O'Neill, R.C.A.F.
Thos. Daw, R.C.O.G.
C. Olds (Blackfoot Reserve) V.G.
Charles Ross (Blackfoot Reserve)
Gordon Yallworthy (Blackfoot Reserve)
Ed. Marybears (Blackfoot Reserve)
Nursing Sister M. Wright, SAAMC
J. P. Lesocki, R.C.A.
Len Christiansen, R.C.N.
Leonard Christiansen, R.C.N.
C. Busby, Signals.
B. G. Sanders, R.C.E.
H. Leith, R.C.A.
A. Robinson, R.C.O.C.
W. G. Currie, R.C.A.F.
H. H. Branson, R.C.A. (A)
V. Hansen, R.C.A. (A)
J. D. Stickle, R.C.A.F.
H. Lesocki, R.C.A.F.
Hugh Hamer, R.C.A.F.
W. C. Chase, R.C.A.F.
J. G. Wells, R.C.A.F.
G. M. Kaye, Calgary Highlanders
J. B. Craft, R.C.A.M.G.
L. B. Wm. Holt
A. McMaster
D. Yellow Horse
G. K. Phillips
John Hamar
N. Peltier
A. Harrison
J. Mackie
J. McDonald
J. E. Clark
J. Rousche
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J. Mackie
J. McDonald
J. E. Clark
J. Rousche
F. Brown
E. E. Cochran
R. C. Hansen
J. Rialy.



The Safest Way to Invest Your Money VICTORY BONDS REPAY ... Every Dollar You Invest!

When you buy Victory Bonds you are laying up for yourself the best of all investments, for back of each one is your country's solemn promise that every dollar you invest in Victory Bonds will be repaid to you in full, plus a fair rate of interest. You can borrow against them, and they are readily saleable when you need the cash. And that solemn promise of repayment in full is backed by all the vast resources of the Dominion of Canada.

When the war is over, you will want to buy all the things we must deny ourselves now. Then, your Victory Bonds will give you the money to buy all these—and your purchases will provide new employment for our boys when they come home again.

What's your share of the savings job? Well, the average Canadian would have to lend to Canada to meet Canada's need \$1 in every \$5 of income left after taxes and compulsory

savings have been collected. But the average may not fit your case. Your own circumstances are distinctly your own. You may be able to do better both out of your current income and out of your accumulated savings in the bank—or you may not be able to reach the average. Your share of voluntary savings is every dollar you can possibly spare.

HOW TO BUY

Give your order to the Victory Loan salesman who calls on you. Or place it in the hands of any branch of any bank, or give it to any trust company. Or send it to your local Victory Loan Headquarters. Or you can authorize your employer to start a regular payroll savings plan for you. Bonds may be bought in denominations of \$50, \$100, \$500, \$1,000 and larger. Salesman, bank, trust company or your local Victory Loan Headquarters will be glad to give you every assistance in making out your order form.



"NOTHING MATTERS NOW BUT VICTORY!"

National War Finance Committee

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